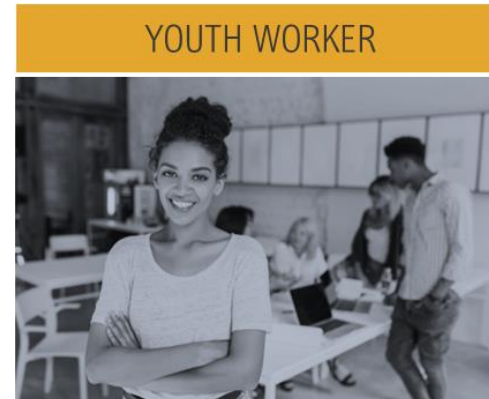


Introduction

# For whom is this self-learning course designed?

- This course is for anyone who wants to use sport as a non-formal education tool.
- However, we assume that the users of this tool already have some basic teaching experience.
- Most typically the following target groups will benefit from taking the course.



## What is the course content ?

The course is designed as a basic introduction to the topic of non-formal education and sport. It includes 7 short micro-learnings and a small test for your personal learning assessment:

- |   |                                                             |   |                                                       |
|---|-------------------------------------------------------------|---|-------------------------------------------------------|
| I | Introduction                                                | 5 | What are teachable moments ?                          |
| 1 | What is Non-Formal Education [NFE] ?                        | 6 | How to guide reflection and learning in NFE and ETS ? |
| 2 | What is Education Through Sport [ETS] ?                     | 7 | Case studies                                          |
| 3 | What are the key principles in NFE and ETS ?                | T | Test your knowledge                                   |
| 4 | How to create a safe learning environment for NFE and ETS ? |   |                                                       |